

**Guam AgrAbility Regional Workshop**  
**Ta Måmta Mo'na (Thriving Together): Building Resilient Farming Communities in**  
**Micronesia**

<b>Mental Health First Aid Training 10/28/24 (Monday)</b>	
Adult MHFA Training	30 Capacity
Veterans MHFA Training	30 Capacity

<b>Day 1: International AgrAbility 10/29/24 (Tuesday)</b>	
8:00AM – 8:30AM	Sign-In & Refreshments
8:30AM – 8:40AM	Moment of Silence
8:40AM – 9:00AM	Cultural Blessing
9:00AM – 9:30AM	Welcoming Remarks <ul style="list-style-type: none"> <li>• Dr. Anita Borja Enriquez University of Guam President</li> </ul>
9:30AM – 10:30AM	Introduction to WRASAP <ul style="list-style-type: none"> <li>• Don McMoran Skagit County Extension WRASAP</li> </ul>
10:30AM – 10:40AM	<b>Break</b>
10:40AM – 11:40AM	<b>Artificial intelligence assisted technology in precision fermentation for functional foods development</b> <ul style="list-style-type: none"> <li>• <i>Kuan-Chen Cheng</i> <i>Institute of Food Science &amp; Technology</i> <i>National Taiwan University</i></li> </ul>
11:40AM – 1:00PM	<b>LUNCH</b>
1:00PM – 2:00PM	<b>Mastering Skeletal Muscle Mechanics: Structure, Contraction, and Relaxation</b> <ul style="list-style-type: none"> <li>• <i>Ya-Shiou Chang, PhD</i> <i>Department of Animal Science</i> <i>College of Agriculture</i> <i>Chinese Culture University</i></li> </ul> Indigenous Group <ul style="list-style-type: none"> <li>• Music</li> </ul> <b>The Tea Tasting Experience: Mindfulness and Enjoyment</b> <ul style="list-style-type: none"> <li>• <i>Alex Ng</i> <i>National Chung Hsing University</i></li> </ul>
2:00PM – 2:10PM	<b>Transition</b>

<p>2:10PM – 3:10PM</p>	<p><b>Building Resilience: Empowering Displaced Atoll Communities in Yap, Federated States of Micronesia</b></p> <ul style="list-style-type: none"> <li>• <i>Murukesan Krishnapillai, PhD</i> <i>Cooperative Research and Extension</i> <i>College of Micronesia-FSM</i></li> </ul> <p><b>Seeds of Strength: Fostering Well-Being and Mitigating Risk-Taking among Adolescents in Farming Communities</b></p> <ul style="list-style-type: none"> <li>• <i>Catherine P. Chou</i> <i>National Taiwan University</i></li> </ul> <p><b>Horticultural Therapy and its application</b></p> <ul style="list-style-type: none"> <li>• <i>Man-Li Liao</i> <i>Graduate Institute of Landscape and Recreation Management</i> <i>National Pingtung University of Science and Technology</i></li> </ul>
<p>3:10PM – 3:20PM</p>	<p style="text-align: center;"><b>Transition</b></p>
<p>3:20PM – 4:20PM</p>	<p><b>Your Farm, My Love</b></p> <ul style="list-style-type: none"> <li>• <i>Shu-Ming Cho</i> <i>Department of Art Industry</i> <i>National Taitung University</i></li> <li>• <i>Halomei Lin</i> <i>Department of Art Industry</i> <i>National Taitung University</i></li> </ul> <p>Indigenous Group</p> <ul style="list-style-type: none"> <li>• Dance</li> </ul>
<p>4:20PM – 5:00PM</p>	<p>Poster Presentation &amp; Networking</p>

<b>Day 2: National &amp; Local AgrAbility 10/30/24 (Wednesday)</b>	
8:00AM – 8:30AM	Sign-In & Refreshments
8:30AM – 9:30AM	Introduction to AgrAbility <ul style="list-style-type: none"> <li>• Bill Field National AgrAbility Project</li> </ul>
9:30AM – 10:30AM	<p><b>Treat yourself to better health: Planting seeds of resilience through the 8 dimensions of wellness</b></p> <ul style="list-style-type: none"> <li>• <i>Guam Behavioral Health and Wellness Center's Prevention and Training Branch (PEACE)</i></li> </ul> <p><b>Assistive Technology for Farming with a Disability</b></p> <ul style="list-style-type: none"> <li>• <i>Ned Stoller</i> National AgrAbility Project</li> </ul>
10:30AM – 10:40AM	<b>Break</b>
10:40AM – 11:40AM	<p><b>Supporting Farmer and Sustainable Farm Resilience in a Social-Ecological System</b></p> <ul style="list-style-type: none"> <li>• <i>L. Jen Shaffer</i> Cooperative Extension &amp; Outreach University of Guam Department of Anthropology University of Maryland College Park</li> </ul> <p><b>Helping Farmers Take Charge of Their Health with Chronic Conditions</b></p> <ul style="list-style-type: none"> <li>• <i>Haley Jones &amp; Josie Rudolphi</i> Illinois AgrAbility University of Illinois Extension</li> </ul>
11:40AM – 1:00PM	<b>LUNCH</b>
1:00PM – 2:00PM	<p><b>Recognizing and Responding to Behavioral Distress through COMET (Changing Our Mental and Emotional Trajectory)</b></p> <ul style="list-style-type: none"> <li>• <i>Chad Reznicek</i> Colorado State University Colorado AgrAbility Project</li> <li>• <i>Clinton Wilson</i> Rocky Mountain Farmers Union and AgWell</li> <li>• <i>Don McMoran</i> Skagit County Extension and WRASAP</li> </ul> <p><b>Promising Practice of Agritourism: Overcoming Barriers to Support Succession Planning and Farm Stress in the Western Pacific Ocean</b></p> <ul style="list-style-type: none"> <li>• <i>Trevor Lane, PhD</i></li> </ul>

	<i>Washington State University Extension</i>
2:00PM – 2:10PM	<b>Transition</b>
2:10PM – 3:10PM	<p><b>Building Community Connection of Care to Address the Mental Health Needs of Agricultural Workers in Hawai'i</b></p> <ul style="list-style-type: none"> <li>• <i>Thao Le, PhD, MPH</i> <i>University of Hawaii Manoa</i></li> <li>• <i>Alexis Kerver, MS</i> <i>University of Hawaii Manoa</i></li> <li>• <i>Emma Brown, MS</i> <i>University of Hawaii Manoa</i></li> </ul> <p><b>Agricultural Worksite Assistive Technology Assessments</b></p> <ul style="list-style-type: none"> <li>• <i>Bill Field &amp; Ned Stoller</i> <i>National AgrAbility Project</i></li> </ul>
3:10PM – 3:20PM	<b>Transition</b>
3:20PM – 4:20PM	<p><b>Caring for the Mental Health of Caregivers in Agricultural Communities</b></p> <ul style="list-style-type: none"> <li>• <i>Kimber J. Nicoletti-Martinez</i> <i>National AgrAbility Project</i> <i>Purdue University</i></li> <li>• <i>Esmeralda Mandujano</i> <i>University of California, Davis</i></li> </ul>
4:20PM – 4:35PM	<p>Closing Remarks</p> <ul style="list-style-type: none"> <li>• <i>Dr. Rachael Leon Guerrero</i> Dean, College of Natural &amp; Applied Sciences Director, Cooperative Extension &amp; Outreach University of Guam</li> </ul>
4:35PM – 4:50PM	Breakdown

<b>Day 3: AgrAbility Fieldtrip 10/31/24 (Thursday)</b>	
8:00AM – 8:30AM	Sign-In & Departure
9:30AM – 1:00PM	Valley of the Latte (Lunch Included)
2:00PM – 3:00PM	Triton's Farm
3:00PM – 4:00PM	Commercial Farm
4:00PM – 5:00PM	Return

**Agenda subject to change**