

# Challenges for Service Providers in Meeting the Mental Health Needs of Farmworkers

## Critical Conversations

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**UC DAVIS**  
BIOLOGICAL AND AGRICULTURAL  
ENGINEERING



# Agenda

- Background data
- Support Systems
- Stories from the field

# Background

## FARMWORKERS IN THE US\*



\*The National Agricultural Workers Survey does not count the total number of crop workers or other farmworkers in the United States.<sup>2,3</sup> It only includes numbers from growers participating in the survey. Data from the National Agricultural Workers Survey 2015-2016.<sup>2</sup>

\*\*The federal poverty level for a family of four in the US is \$26,500<sup>4</sup>

# System Support

- Social system limitations
- Social capital assumptions
- Support assumptions

????



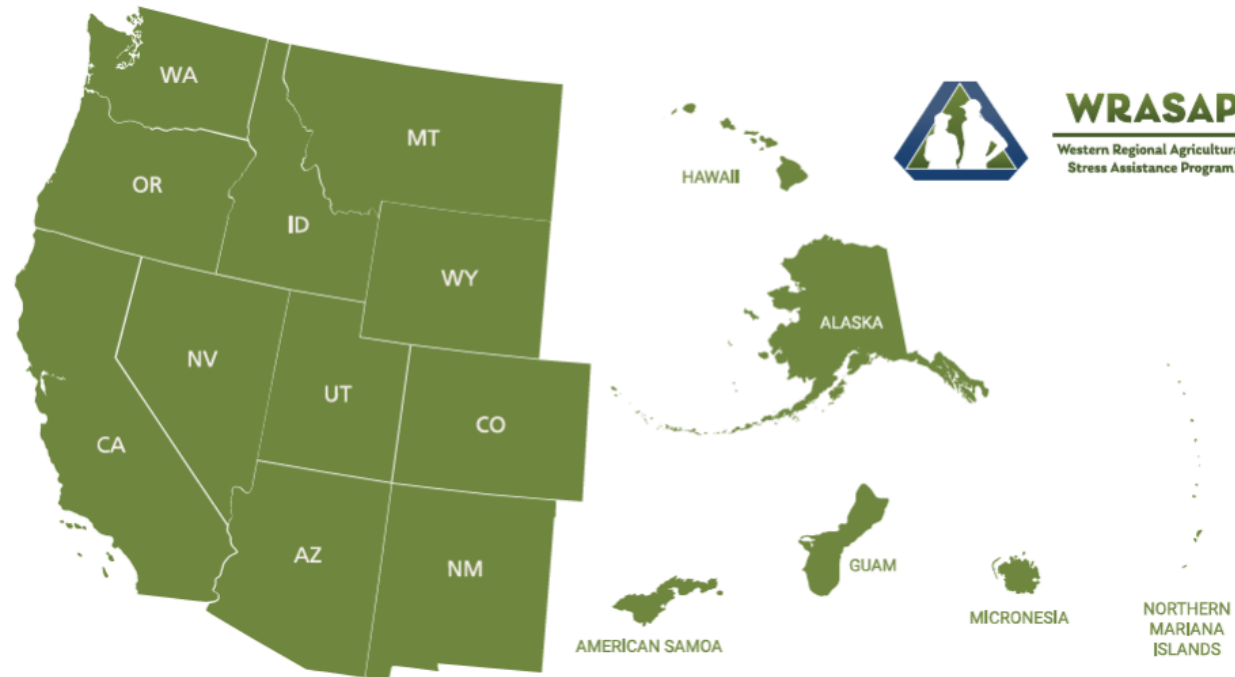
Image: Open Source svgsilh.com

# Background

## AGRICULTURAL WORKER STRESS: Western Region Aggregate Report

Western Regional Agricultural Stress Assistance Program (WRASAP) Baseline Survey Data

This baseline survey project is part of a larger USDA-funded grant initiative called WRASAP (to learn more visit [farmstress.us](http://farmstress.us)). The aim of this survey is to better understand the types of stressors that agriculture workers are currently facing, as well as what types of stress management topics and dissemination strategies they would most prefer. These results will help to inform future WRASAP outreach and programming.



This aggregate report was compiled by Dr. Alison Brennan, Dr. Michelle Grocke, and Heather Weas. Design by Lori Mayr.





# Background

The top six stressors for  
**Ag Producers** were:

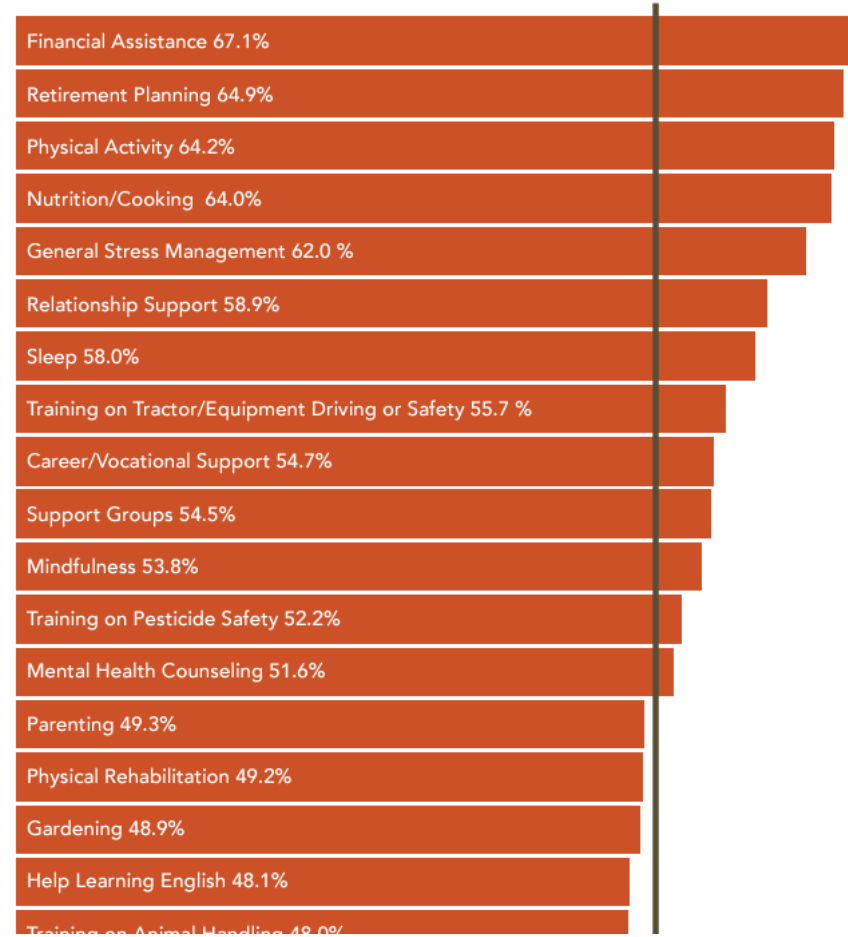
1. Work Load
2. Lack of Time
3. Financial Worries
4. Production Costs
5. Lack of Work/Family Balance
6. Legislative Issues Related to Agriculture

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## Topics of Interest

*To help you manage and/or cope with your stress, how interested would you be to learn about the following topics if the content was made available to you?*

% who responded either 'interested' or 'very interested'



In the field...



# CASE STUDY Continued...





# WHERE/HOW DO YOU FIND BALANCE?



**Break into pairs**



# QUESTIONS?



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