

4-H Save Your Brain

Equipping Caring Adults to
Promote Brain Injury Prevention



Extension

University of Missouri

an equal opportunity/ADA institution



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Why use 4-H Save Your Brain?



What is Brain Injury?

- ▶ Concussion
- ▶ Acquired Brain Injury
- ▶ Traumatic Brain Injury



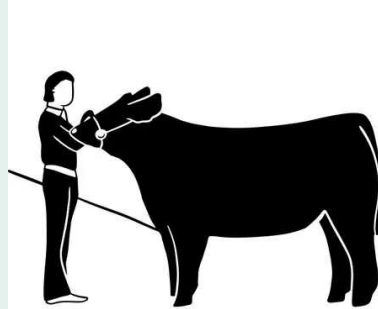
What is 4-H Save Your Brain

- Save Your Brain Overview
- Save Your Brain on the Farm
- Save Your Brain in Sports
- Save Your Brain Around the House
- Save Your Brain on the Go
- Befriending a TBI Survivor

What is your job?



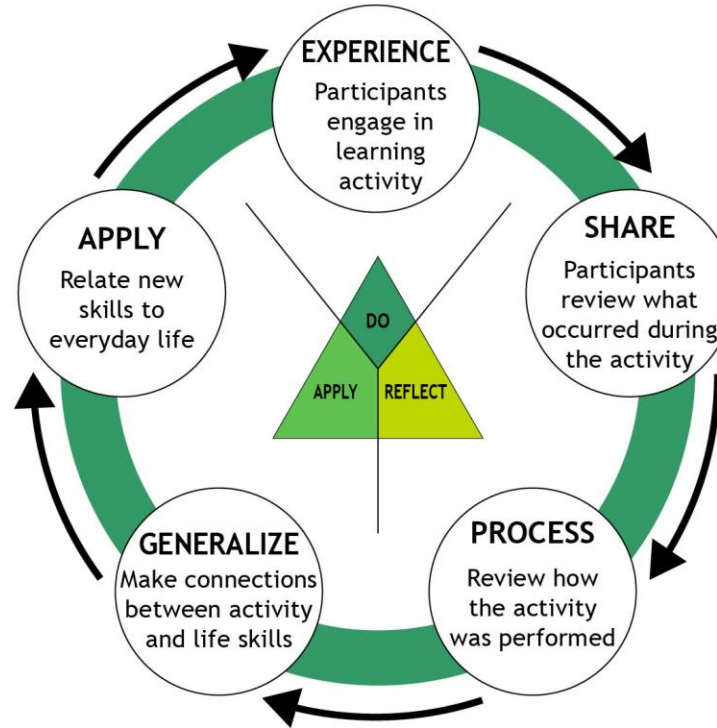
Where to promote 4-H Save Your Brain



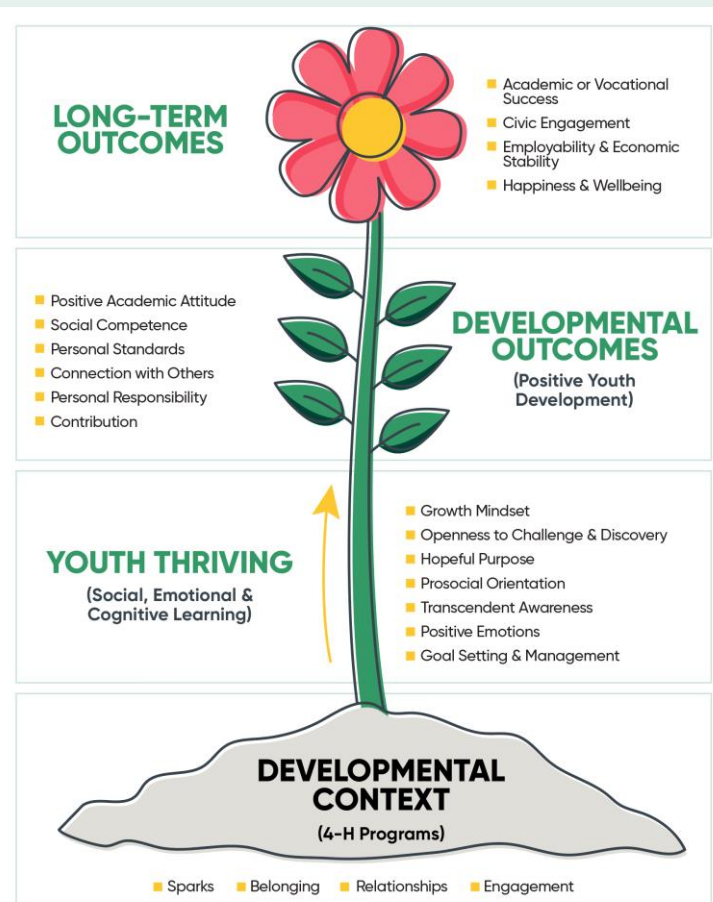
Teens as Teachers



Experiential Learning Model



4-H Thriving Model



Difficult Conversations



Questions





BRAIN INJURY
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