### **Building Resilience into your Farm**

### Let nature do the heavy lifting!

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### www.understandingag.com quote from the article: Invest in Yourself 4/19/2020 By Gabe Brown & Shane New

"...soil samples from 45 farms in the northern plains and prairie provinces.

Samples were taken to a 12" depth.

Both Haney soils tests and total-nutrient extraction tests were done on all samples. The results were surprising. "

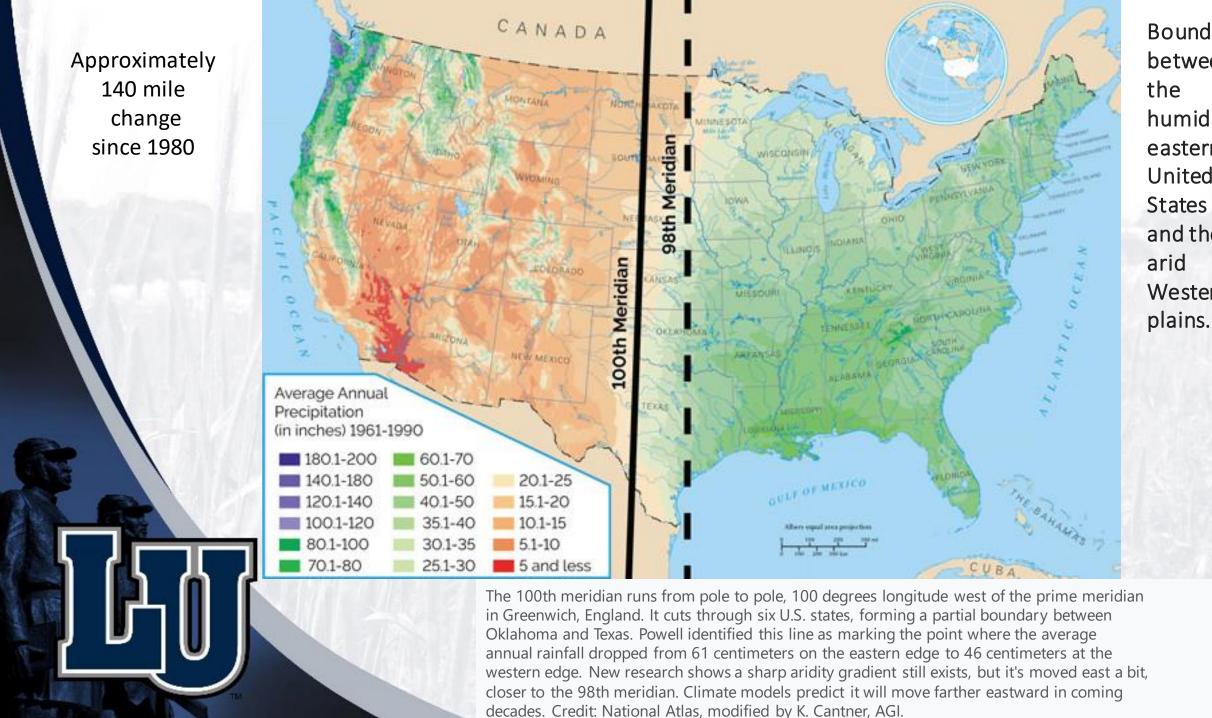
"The average pounds of nitrogen across all farms was 4,000!

Phosphorus was 1,200#.

Potassium came in at 11,000#. That's right, read those numbers again.

The least amount of nitrogen on any farm was over 1,000#."





Boundary between the humid eastern United States and the arid Western



Tillage is the number one enemy of soil!!

This lets ALL of the carbon out!

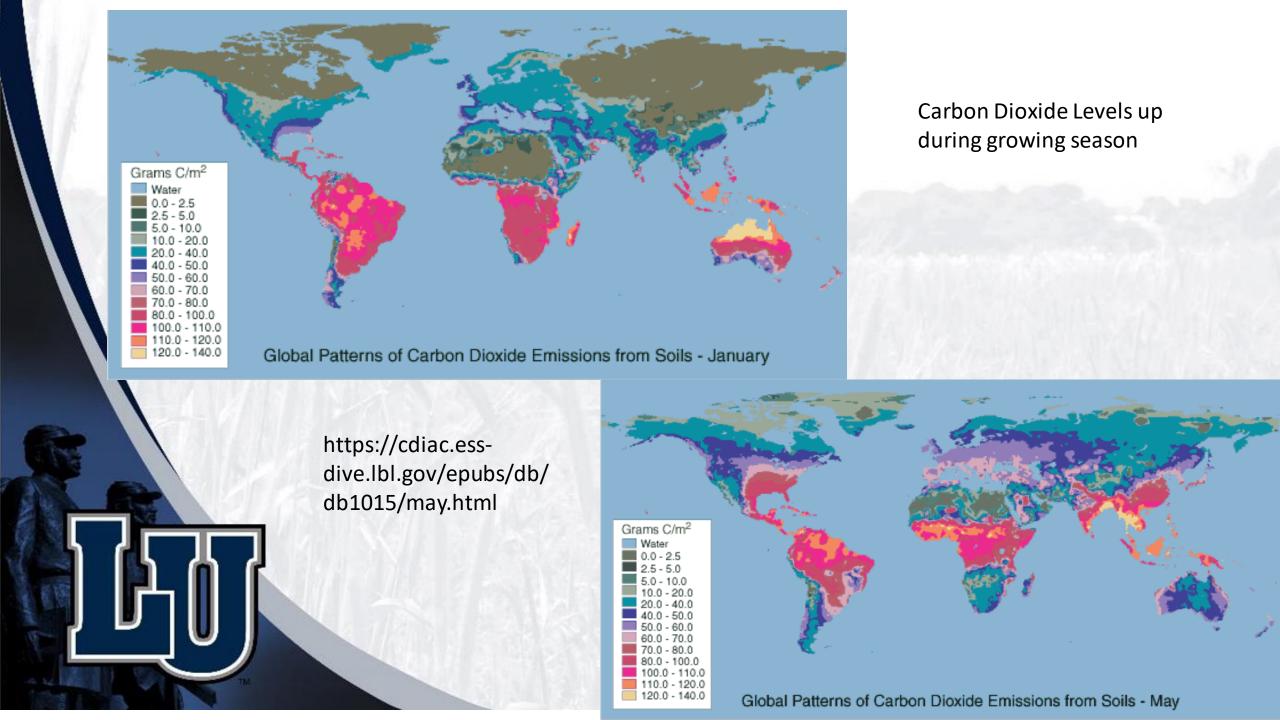
Churns up the mycorrhizal community-takes 6 weeks to recolonize

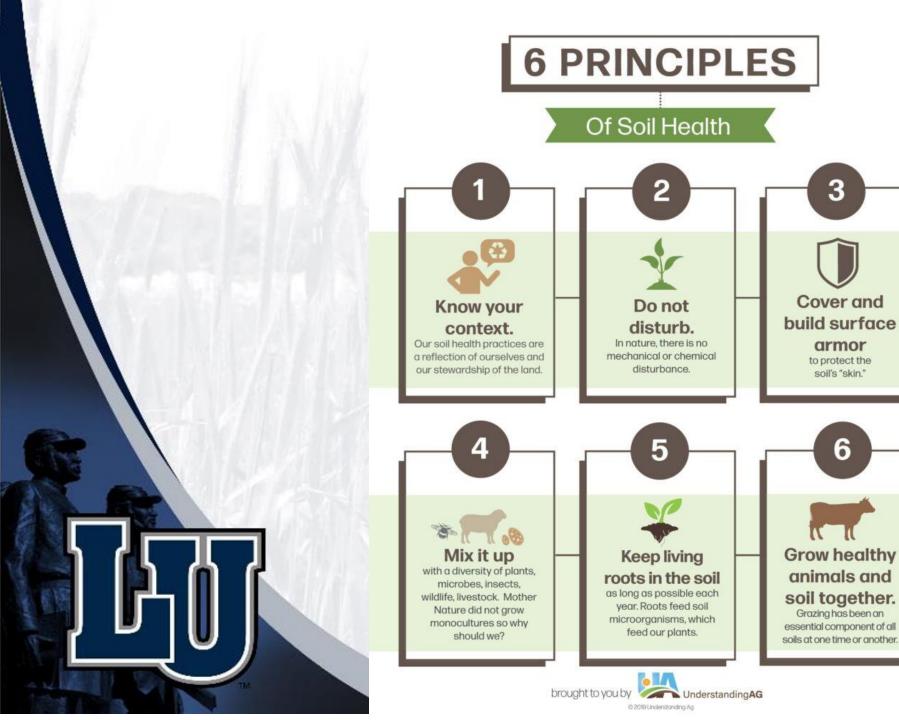
**REMOVES OXYGEN** 

**SMALLER PARTICLE SIZE** 

Glomalin-life span of 27 days







#### **Context**

Do not Disturb

**Keep soil covered** 

**Diversity**-plants, animals, microbes, insects

**Living roots-**all the time

**Growing Health**-soil, animals, people

## Compounding/Cascading Never neutral

**Disruption**Prevent patterning

**Diversity**No monocultures



### THREE RULES OF ADAPTIVE STEWARDSHIP



### Regenerative Agricultural Practices:

Create a better future for farms

Resilience is risk management for climate change

Lower the need and costs of inputs

Fewer inputs require less physical labor

Less labor equals less fatigue and stress

# DIG A HOLE-look at your soil!! 8 x 8 x 8 inches; How many earthworms? What do you see? Chocolate cake texture!!



### Get a HANEY TEST

Active Carbon
Potentially Mineralizable Nitrogen
And more



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### What can cover crops do?

- Change patterns of growth
- Brighten communication between plants
- Encourage nutrient uptake
- Different size/height plants=different length roots
- Mining of different nutrients from different depths
- Bolster winter stockpile

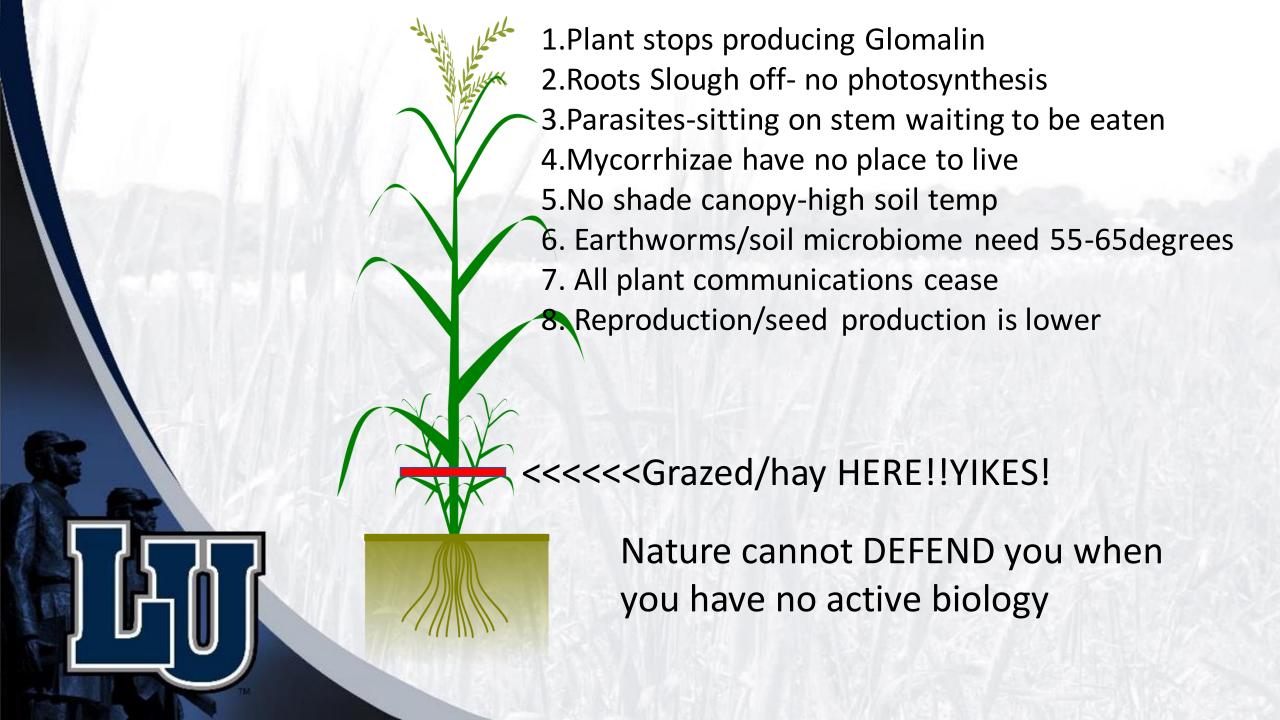
Plant a Ratio 1:1:1 grass: forbs: legumes

Context: Purpose of CC, Goals, Season



- Greg Judy's Farm
- Cows eat top one third of plant and then move again







Plant leaves are solar collectors

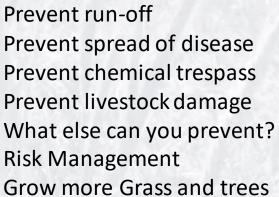
•NO leaves = NO Energy

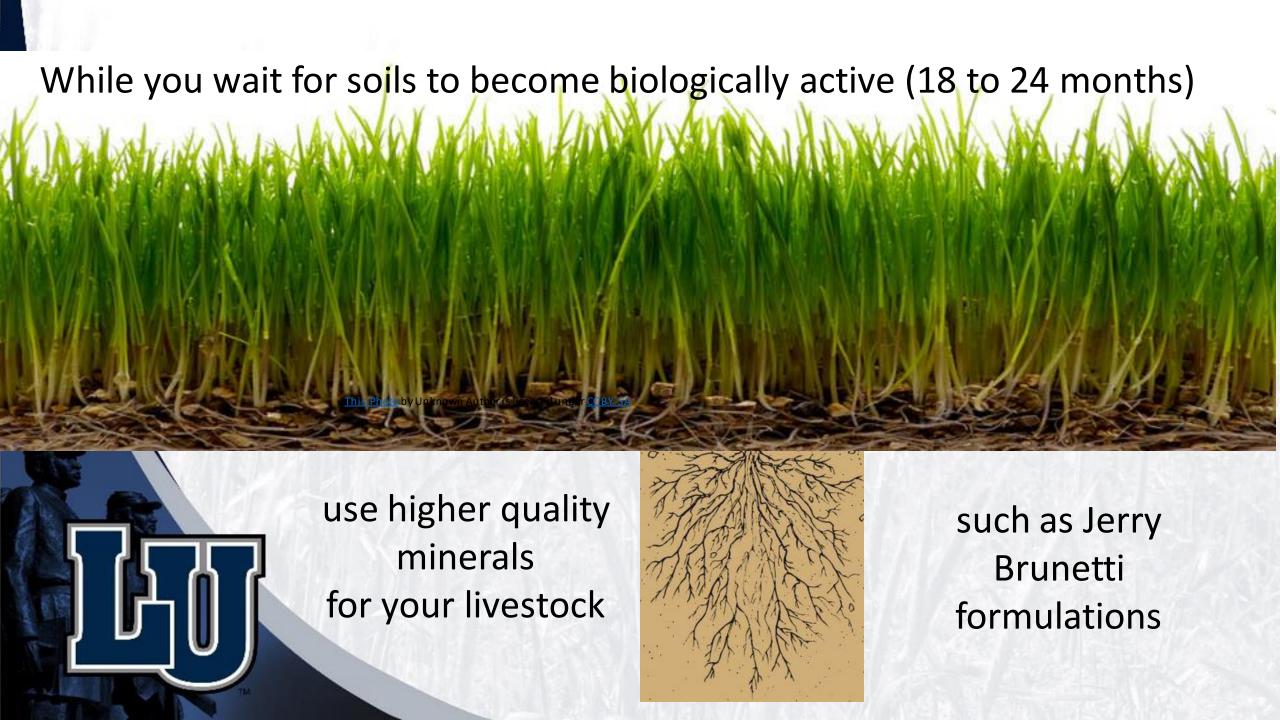
Rest paddocks/pastures

 a minimum
 of 30 days to 60 daysuntil the tips grow back

24-inch-tall plant = 2 to 10 feet of roots

Anything that falls on, crawls on, sprays on or grows on your farm should remain there until harvested /sold



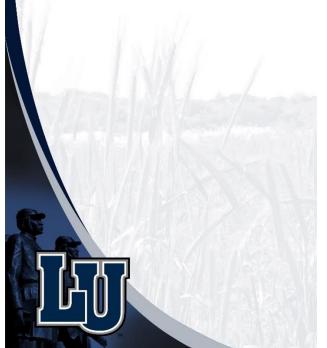




Medicinal Hedgerows/ Walls?













- Any plant, any tree that is not highly toxic
- Can be used in a medicinal hedge for animal to select

Kirsten Robertson Pecandale Farm Greenville, SC

### **Medicinal hedgerows for Livestock**

Use livestock panels to enclose the plants- prevent eradication

- Prune/coppice trees to stay same size
- Trees
  - Locust- legume and fix nitrogen
  - Willow-med
  - Oak-tannin
  - Add Perennial Herbs & berries-echinacea, elderberry
- Half-fell trees to grow closer to ground-animal harvest of leaves
- Caution on stone pitted fruit trees-cherry-plum
  - Wilted leaves poisonous



- www.Understandingag.com Ray Archuleta youtube videos, Gabe Brown & Shane New -article: Invest in Yourself-4/19/2020
- Managing Cover Crops Profitably- SARE handbook #9 (pages 62-72) Free Download
- Building Soils for Better Crops-SARE handbook #10, free download
- •https://learn.extension.org/events/1226 Dr Darrell Emmick's webinar-click on Watch the Webinar, when you get to the page of the webinar, scroll down to get the handouts, which you can save on your computer, then watch the video.
- •Pasture as pharmacy- https://extension.usu.edu/behave/htm/current-projects/pasture-project/pasture-as-pharmacy
- •https://extension.usu.edu/behave/htm/principles
- •Train Livestock to Eat Weeds- http://www.livestockforlandscapes.com/cowmanagers.htm
- https://extension.usu.edu/behave/htm/learning-tools
- Grass Productivity, Andre Voisin, 1957 (Untoward Acceleration)
- https://cdiac.ess-dive.lbl.gov/epubs/db/db1015/may.html

Resilient Agriculture: Cultivating Food Systems for a Changing Climate by Laura Lengnick

http://cultivatingresilience.com/

# Missouri Ability

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United States Department of Agriculture National Institute of Food and Agriculture



# We exist on earth at the amusement of microbes!

Please FEED THEM!

### QUESTIONS??

Thanks for Listening!
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