#### **Heroes to Hives:**

A New Mission for America's Veterans



Adam Ingrao, PhD
Michigan Food and Farming Systems
adam@miffs.org







### It Takes a Community

## MICHIGAN STATE UNIVERSITY Extension













## Beekeeping as...

- •Hobby
- •Career
- Community
- Therapy





## Why this Approach

- Vets trust vets
- Community support
- Veteran specific issues

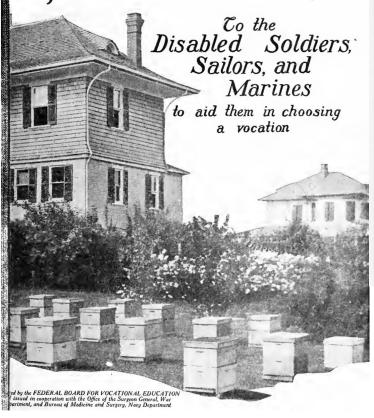
•A NEW MISSION!





Opportunity Monograph Vocational Rehabilitation Series No. 37

# Bee Keeping April 1919





The Everett F. Phillips' Beekeeping Collection at Cornell's Albert Mann Library



## **H2H Program Stats**

- •Since 2015 H2H has trained
  - •+7,600 alumni
  - •All US States
  - Asia, Europe
  - •In 2021, +70% H2H students had a disability





## **H2H Program**

- •Main program
- Workshops

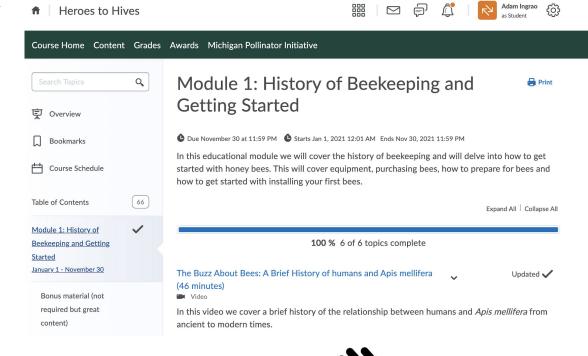




## H2H Program 2022

#### Main program (all online)

- •30+ lectures
- •25+ instructional videos
- Support resources
- •MSU Certificate
- •GPMB approved course



Great Plains

Master Beekeeping Approved Course



## H2H Program 2022

- Workshops (on-ground)
  - •MI 3 apiaries
  - •MN 2 apiaries
  - •MO 2 apiaries
  - •NE -1 apiary





## H2H and AgrAbility

- •Working together since 2016
  - Workshops
  - Presentations
  - •Online (workshop)
  - Assistive technology
  - •H2H student AgrAbility clients
  - •MSU Engineering Capstone projects





#### **Evaluations**

- •100% increased confidence
- •100% increased knowledge disease/pest
- •95% increased monitor/treat varroa mites
- •97% improved understanding overwintering
- •100% recommend H2H to another veteran



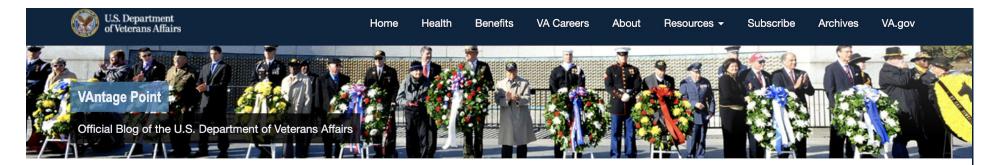
#### **Testimonials**

- Connect us with nature
- •Allows us to nurture instead of destroy
- Brings us back together
- Stability and support
- •Supplement income
- •Engages our families





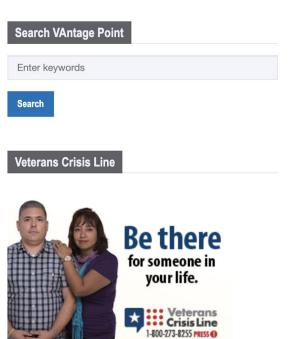




#### Veterans use beekeeping to improve well being

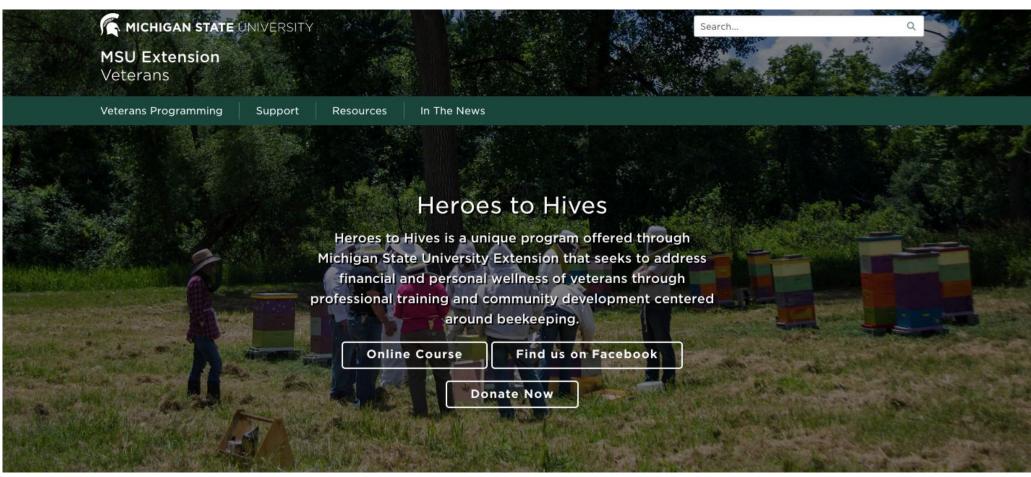


Army Veteran Eric Grandon had multiple deployments to Iraq over the course of a two-decade career. Retiring in 2005, he started facing bouts of depression, reaching a low point in 2013. Then, he found something that brought back his adrenaline rush like he





#### www.heroestohives.com





#### www.facebook.com/heroestohives





#### **Heroes to Hives Contact**

Adam Ingrao, PhD National Director adam@miffs.org

Michigan Food and Farming Systems (MIFFS) www.miffs.org

