



Farming for a Lifetime

Tips for Aging Farmers & Ranchers

an un-conferencing session

Virtual NTW – April 13, 2021

- Richard Brzozowski – Maine AgrAbility Project Director
- Brie Weisman – Occupational Therapist with Maine AgrAbility
Adapt-Able Living LLC

Session Objectives

- Participants will share tips for working with aging farmers and ranchers – addressing the following categories (~ 5 minutes each)
 - Physical
 - Psychological
 - Medical
 - Economic, Financial, and Legal
- Participants will better understand effective ways to work with aging farmers and ranchers.
- Participants will learn about aging-related resources.

Short Video on Aging

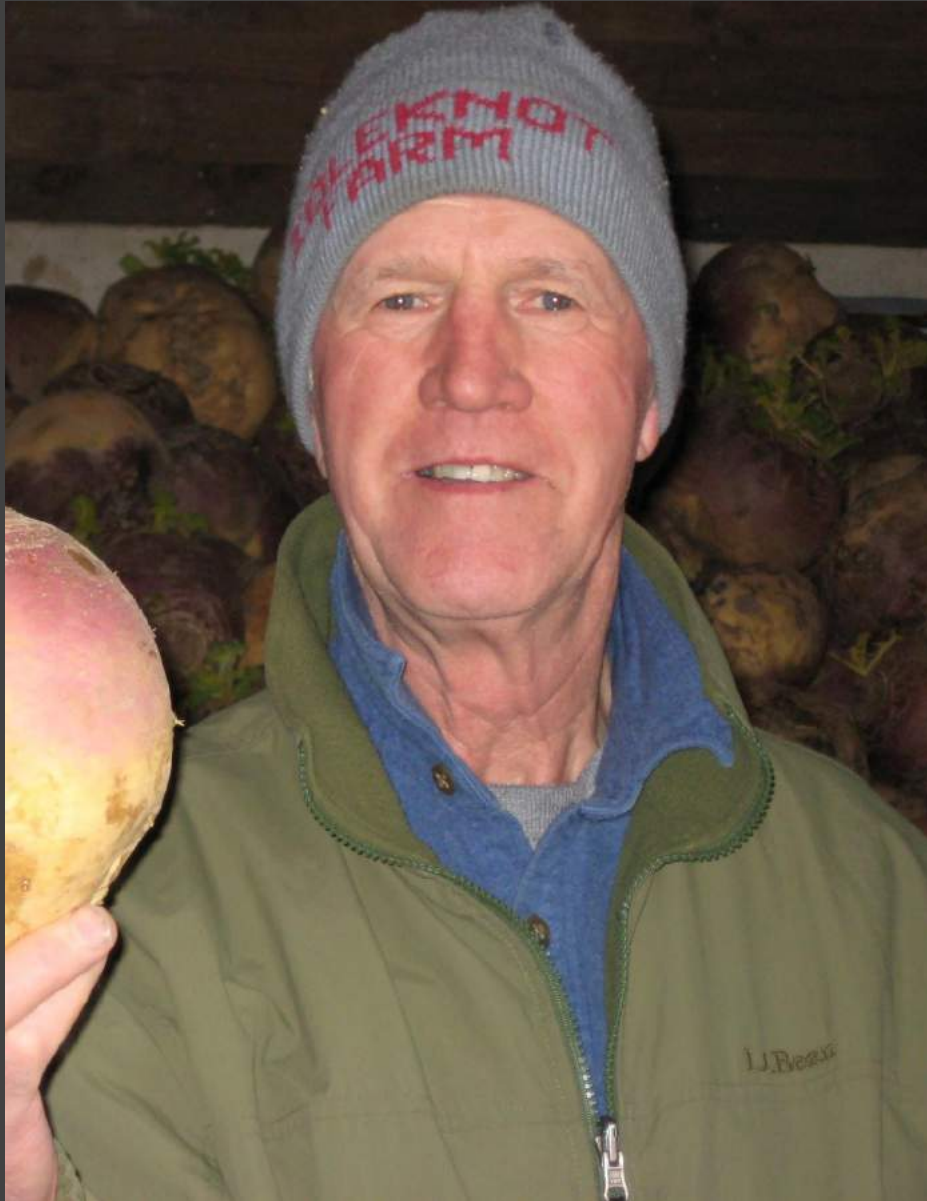
- “Understanding the Normal Aging Process”
- <https://www.youtube.com/watch?v=aLY4NTfAfcg>
- Used with permission
- Thank you to
 - CareChannel and
 - Saint Elizabeth Foundation

We'll be
compiling a
list of tips for
aging farmers
and ranchers.

- We'll address one category at a time.
- Would someone volunteer to take notes?
- Notes will be shared with all participants.
- Please type your email address in the chat box.



Please note: Photographs of people not wearing masks were taken prior to the coronavirus pandemic.



Chat Question #1

What **physical** issues are you seeing with older farmers and ranches?

Chat Question #2



- What issues related to the **mind** are you seeing with older farmers and ranches?

Chat Question #3




- What **medical** issues are you seeing with older farmers and ranches?

Chat Question #4



- What **economic, financial or legal** issues related are you seeing with older farmers and ranches?



What age-related
resources would be
useful for older
farmers & ranchers?



Your facilitators' contact information

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