

Identifying Fatality and Injury Risks for Senior Farmers

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Basic Webinar Instructions

- Please let me know if more than one person is viewing at your computer
- ▶ 4 quick survey questions + opportunity to share comments
- Session recorded and archived with PowerPoint files at www.agrability.org/Online-Training
- Problems: use chat window or email jonesp@purdue.edu



AgrAbility: USDA-sponsored program that assists farmers, ranchers, and other agricultural workers with disabilities.

- ► Partners land-grant universities with disability services organizations. Currently 20 state projects
- National AgrAbility Project: Led by Purdue's Breaking New Ground Resource Center. Partners include:
 - ► Goodwill of the Finger Lakes
 - ► APRIL (Association of Programs for Rural Independent Living)
 - ► Colorado State University
 - ► Washington State University
- ▶ More information available at <u>www.agrability.org</u>

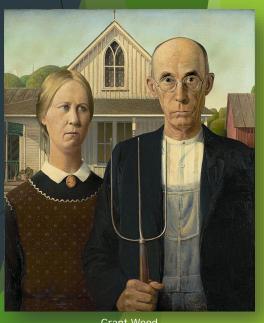
Identifying Fatality and Injury Risks for Senior Farmers

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Our Aging Agricultural Population

- > Average age of farmers is 58.3 (USDA, Census of Agriculture)
 - One third are 65 or above
 - About 12% are over 75 years
- Strong feelings towards agriculture
 - 42% of 1,288 older farmers defined health as the ability to WOrk (Reed et al, 2012)
 - □ 27% of 418 farmers said "they intended never to retire" (Duffy et al, 2000)
- > Financial issues
 - Only 15% of 972 farmers said they would sell farmland or other assets for retirement funds (Baker and Epley, 2009)
 - Social security only accounts for around 13% of farmers total income (Mishra et al, 2005)





Physical and Mental Effects of Aging

Mobility

□ Older farmers with mobility issues are twice as likely to experience farm work injuries (Heaton et al., 2012)

Hearing

- □ Hearing loss is common with aging (NIHCD, 2017)
- Farming increases loss of hearing sensitivity (Plakke & Dare, 1992)
- Hearing loss increases the risk of sustaining farm related injuries (Getts, Ploss, & Brusnighan, 1995)



Physical and Mental Effects of Aging

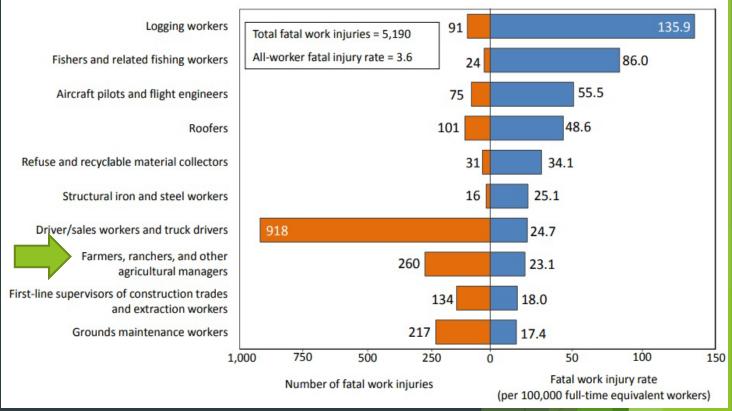
- Vision
 - Age increases probability of blindness or vision impairment (Kahn et al, 1977)
 - Changes in the eyes reduce the amount of light received by the retina
 - 2/3 amount of light captured by the retina is lost from age 20 to age 60 (LRC, 2017)
- Mental Reaction Time/Judgement
 - Aging leads to slower reflexes and reaction times (Kenney, 1982)



Risks of Agriculture

- Farming is a dangerous profession
 - Census of Fatal Occupational Injuries (CFOI)
 - 2016 had an fatal work injury rate of 3.6 for all workers (CFOI, 2016)
 - 23.1 for farmers (CFOI, 2016)
 - National Safety Council
 - 2015 had an fatal work injury
 rate of 3.0 for all workers (National safety council, 2017)
 - 22.6 for farmers (National safety council, 2017)
- Important note
 - Farming has been combined with fishing and forestry profession for reporting fatalities

Civilian occupations with high fatal work injury rates, 2016



Census of Fatal Occupational Injuries, 2016

How does this relate to AgrAbility?

- ➤ The Vision of AgrAbility is "to enhance quality of life for farmers, ranchers, and other agricultural workers with disabilities."
 - Aging is included in the scope of AgrAbiliy's mission
- 41.8% of AgrAbility clients during the 2016-2017 period were 60 years or older

Methodology

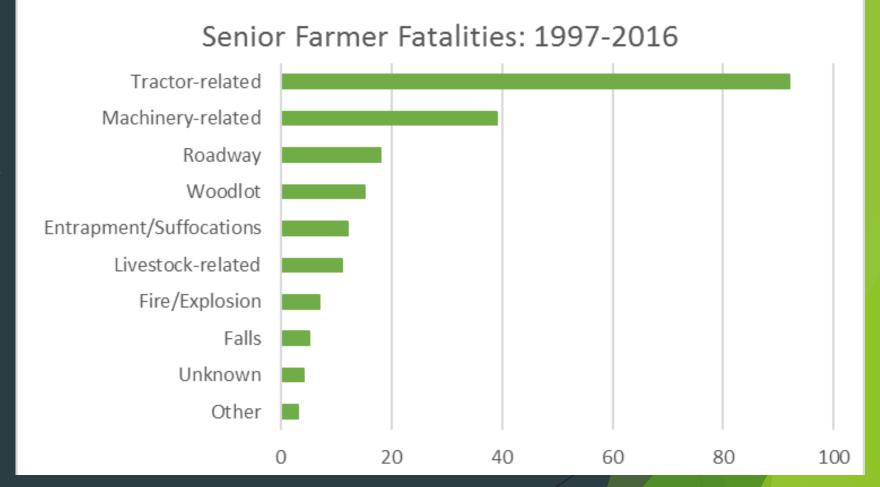
- Conducted a literature review
 - AgrAbility Plowshare Potential Health and Safety Risks of Farming/Ranching with a Disability
 - Address the lack of literature on woodlot accidents
 - Occasional woodcutters are three times the risk of injuries compared to professional loggers (Fischer et al, 2005)
- Analyzed the Indiana farm fatality data for people 60 years or older from 1997 to 2016
 - Identify most frequent injury types
 - Explore contribution that aging has to injury type
 - Develop possible strategies to reduce the frequency and severity of injuries to older farmers

Purdue Farm Fatality Summaries

- Purdue Agricultural Safety and Health Program has complied farm fatality data since 1960
- Cases are collected from published news reports, web searches, voluntary reporting, and personal interviews
 - Not comprehensive
 - Nonfatal injuries are not often reported
- Used to measure trends in farm fatalities over time
- Recent summaries have reported the frequency of fatalities of senior farmers on the rise in Indiana
 - Half of reported fatality cases since 2012 were farmers 60 years or older (Cheng, 2017)

Breakdown of Senior Farmer Fatalities

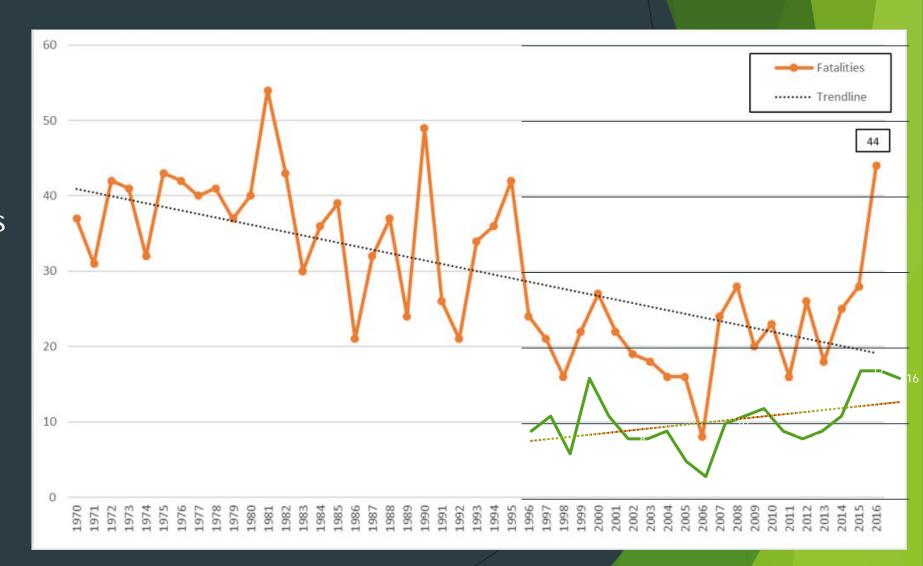
- > 206 fatality cases
- 198 males versus 8 females
 - Majority of female fatalities were roadway incidents
- Average age was72.6 years of age
- Tractors are the biggest cause of fatalities



- Nearly 50% of all deaths
- Average age was 72.56 years of age

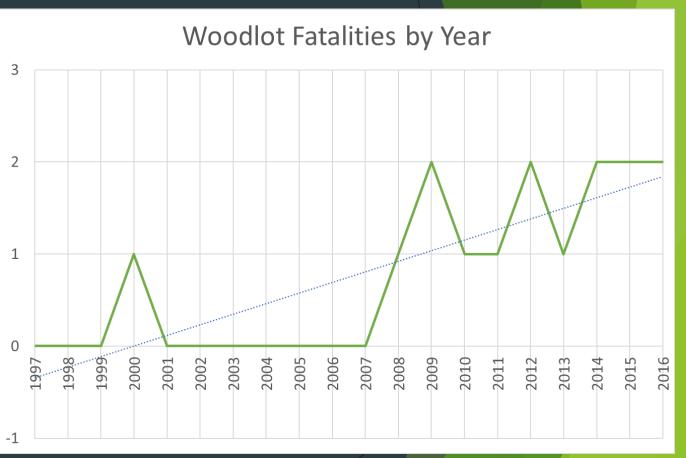
Comparison to all ages

- Comparison of fatalities of all ages vs senior farmers
 - Orange = All ages
 - Green = Senior farmers
- There is an increasing trend in the frequency of fatalities for those 60 and over



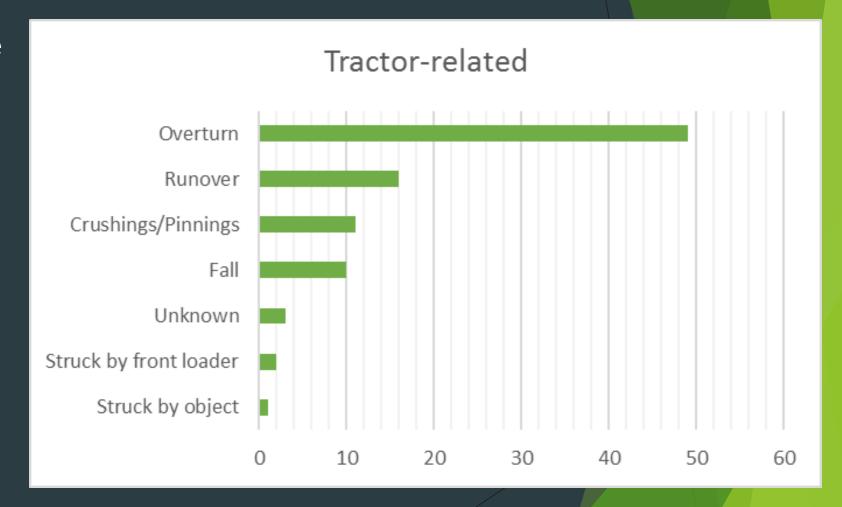
Strategies to Reducing Senior Farmer Fatalities

- How to help senior clients at risk
 - Understand safety risks and practices
 - Communicate it with the client
- Focus on two groups
 - Tractors
 - Largest agent of death
 - Woodlots
 - Increasing number of reported cases
 - Lack of literature



Tractor-related Incidents

- Overturns were the most common fatality risk
 - accounted for nearly 25% of all deaths in senior farmers



Reducing Tractor-related Incidents

- Overturns
 - Factors that contribute to overturns
 - Lack of rollover protection structure (ROPS) became standard on new tractors in 1986 (ASABE, 1985)
 - High center of gravity
 - Rear-wheel drive
 - Improper hitching of tow chain to points above the draw bar
 - Driving on uneven ground
 - Most frequent cases are side and rear overturns (Great Plains Center for Agricultural Health, 2014)
 - Older farmers tend to keep older tractors
- Solutions
 - Install ROPS
 - Protects farmers from getting crushed
 - o Only 59% of tractors had ROPS in 2011 (NASS, 2013)
 - Reduce the social acceptance for using antique tractors for production purposes



http://salesmanual.deere.com/sales/salesmanual/image s/NA/tractors/cuts/3_series/r4d098786_roll_gard.jpg



Reducing Tractor-related Incidents

- Runovers
 - Types of runovers
 - Operators
 - Bystanders
 - □ Factors that contribute to operator runover incidents
 - Starting the tractor from the ground (Bypass starting)
 - Failure to shutting off the tractor and using the parking brake when getting down
 - Mounting or dismounting a moving tractor
 - □ Factors that contribute to bystander runover incidents
 - Extra riders on tractor
 - Reduced driver visibility because of attachments (front loaders, bale spears, etc.)

> Solutions

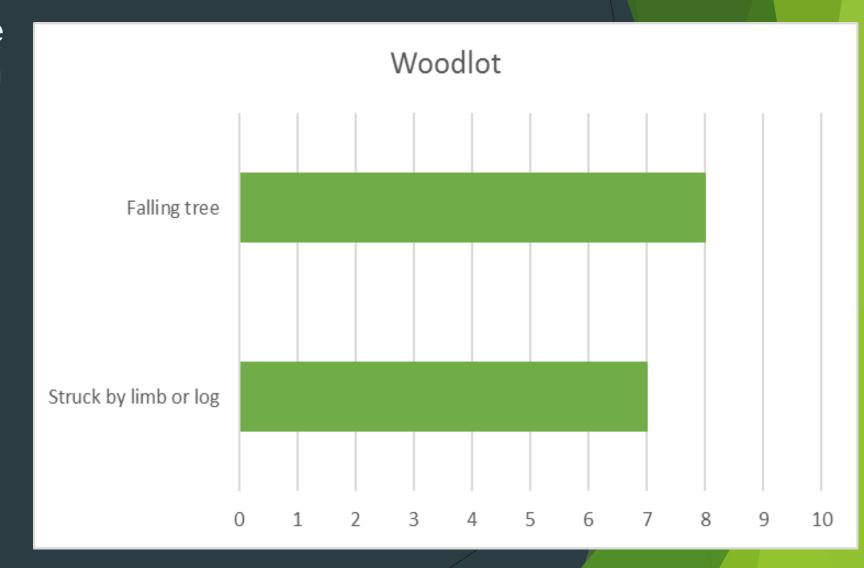
- Always start the tractor while sitting in the seat
- Make sure the parking brake is engaged whenever dismounting while the machine is running
- Never dismount a moving tractor
- Do not have additional riders on the tractors
- Installing cameras to the tractor or attachments (i.e. Backup cameras)

Reducing Tractor-related Incidents

- > Falls
 - Common Causes
 - Slipping on steps because of moisture, mud or grease
 - Tripping on objects in the cab or on the deck
 - Solutions
 - Wear slip resistant footwear
 - Maintain a clean work area

Woodlot Incidents

- Felling trees were the most common fatality risk
- Chainsaw related incidents were not reported as causes of fatalities
 - Similar to a summary of non occupational logging fatalities in Vermont (CDC, 2008)



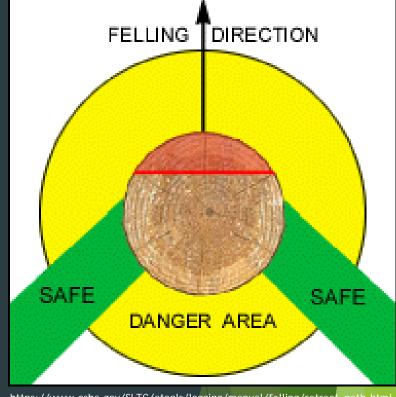
Woodlot

- > Risks
 - Several factors can play into where a tree falls (Arbor Global, 2012)
 - Includes wind, lean of the tree, and any weak spots.
 - Lack of experience
 - No safety gear
- > Solutions
 - Take a chainsaw safety and felling course
 - Offered by universities and extension programs
 - Wearing appropriate safety gear (University of Alaska Fairbanks, 2016)

Protective footwear

Nonslip gloves

- Head protection
- Chainsaw chaps
- Always work in pairs
- Have access to communication devices (radios, cellphones, and so on)



https://www.osha.gov/SLTC/etools/logging/manual/felling/retreat

Communicating with Clients

- How do you pass on safety practices to clients?
 - Remember that many farmers have strong feelings about farming
 - Have conversations with clients
 - Listing off numbers of fatalities is not always the best method
 - Talk about safety concerns with clients
 - Have conversations with client's family and friends
 - Interventions
 - Mediate compromises
 - Creating nontraditional safety material
 - Findings suggested nontraditional methods or formats such as a sign with a picture of a young kid telling their granddad to buckle-up to be effective (Whitman & Field, 1995)

Case Study

- Real life example (Michigan FACE reports, 2003)
 - A 78-year-old farmer was gathering firewood for maple syrup production on his hilly property
 - He was driving his International Farmall Cub tractor with no ROPS system
 - Believed that he experienced a medical emergency and tried to drive home
 - He tried to change direction while driving on the hills and resulted in an overturn
- What could have been done differently?
 - No 2-way communication device
 - Avoid steep slopes



Michigan Face Reports

Conclusion

- Farming is a profession that involves performing dangerous tasks
- Senior farmers are at a high risk for severe injuries and fatalities
- AgrAbility serves a large audience of older farmers
- Tractors incidents are the most prevalent agents of death
- Number of woodlots incidents are increasing
- Education, safety awareness and practice can reduce injuries and fatalities
- Only important if this can be related to clients in effective manner
- AgrAbility staff can play a role in preventing injuries to other clients

Questions?

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http://www.agrability.org/wp-content/uploads/2015/11/ps23.pdf
(Farming with a hearing impairment plowshare)