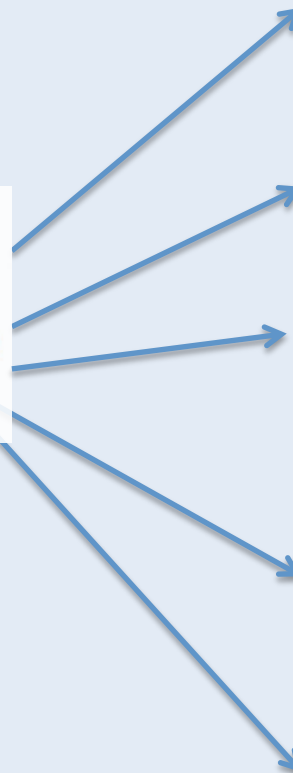


# MAINE AgrAbility

**Mission: To help Maine farmers, fishermen and forest workers overcome disabilities, injuries or other barriers so they can continue to work safely and productively.**



United States Department of Agriculture  
National Institute of Food and Agriculture



Farm Service Agency

Vocational  
Rehabilitation

Small Business  
Development  
Centers

Natural Resources  
Conservation Service

Department of  
Agriculture,  
Conservation and  
Forestry



## Farm visits:

- Goals
- Barriers
- Recommendations
- Resources





# Why do people in chronic pain continue to farm?



**It gives them purpose.**

**Farming keeps them engaged and active.**





**Animals became the  
key to her recovery.**

***“As my farm grew, I  
began to change.  
Being outside made  
me feel better.”***







***“I thought I would be healthy forever - but things happen. I have a chair in the barn that I use once in awhile if I get aching real bad.***

***But to me it’s important to keep going.”***



**Our goal:**

## **Adaptive equipment fund**

- **Keeping farmers employed**
- **Supporting the rural economy**
- **Strengthening our local food system**







**Ellen Gibson  
Lani Carlson**

**207-944-1533**

**[maine.agrability@maine.edu](mailto:maine.agrability@maine.edu)**

**[www.extension.umaine.edu/agrability](http://www.extension.umaine.edu/agrability)**